

# CIRCLE UP!

*Quarterly Newsletter from Mayhem*

## *Inside the Issue*



### **THE FUTURE IS MAYHEM**

A farewell to the Class of 2021 and a message to our community as we open the Mayhem Athletic Center.

### **ALWAYS EARNED NEVER GIVEN**

A look into USA Field Hockey's Regional Club Championship and National Club Championship.

### **LIVE A LIFE OF MAYHEM**

An interview with Coach Abby Tepper about her journey to Mayhem and passion for Lacrosse.

## **MAYHEM SPONSOR SPOTLIGHT: ROTHMAN ORTHOPAEDICS**

Mayhem is proud to announce a partnership with Rothman Orthopaedics. Read more about the partnership in this issue.

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**MAYHEM**



**ROTHMAN ORTHOPAEDICS**



## A FAREWELL TO THE CLASS OF 2021

Spring is a time of farewells and new beginnings. As Mayhem continues to grow, we say goodbye to more and more graduating mayhem athletes and families. Across weekend tournaments, practices and training, we have watched lasting memories and friendships being made in this class. While we are sad to see such an unbelievable group of athletes move on to the next chapter, we are filled with excitement watching our Mayhem alumni network grow.



We are proud to announce that 30 Mayhem athletes will be continuing their athletic careers at Division 1, 2, and 3 collegiate programs. According to USA Field Hockey, only 10% of high school field hockey players continue on to play for one of the 275+ NCAA Varsity or 150+ collegiate club programs. It is a huge accomplishment to earn a spot on a collegiate roster, and it is an even bigger opportunity to continue to share your passion for the game and to contribute a little "MAYHEM" to a collegiate program. Good Luck to all of our graduates!

# Welcome to THE MAC!

Since opening its doors in 2015, Mayhem has been honored by an ever-increasing membership base, national recognition, gold medals, recruiting success, by having its athletes identified in the Team USA pipeline, but nothing that compares to the day we opened our doors to our new home: The Mayhem Athletic Center (a.k.a, "The MAC").

We have welcomed hundreds of families and athletes into this community that we have built on empowerment, passion, and performance; the MAC signifies a recommitment to our mission to deliver the Mayhem Difference to every athlete and family. We are committed to empowering girls through field hockey training that will have a lasting impact on their lives. Every time an athlete steps through the door at the MAC they should feel empowered, welcomed, and comfortable to be who they are.

The MAC will offer 12,000 square feet of turf in spring, summer, and fall months, and two brand new sport courts for the winter months. The MAC will host camps, lessons, small group training, clinics, leagues, and tournaments. Additionally, the space offers a physical Mayhem Team store, the MACafe, small group training turf in the upper balcony that also serves as viewing room for spectators during tournaments, and eventually, a team room.



Thanks to NELLO Construction, Zebby Sulecki Contractors, and GN Landscaping, the MAC has been beautifully and quickly renovated with Mayhem flare making it feel like home in an instant.

The MAC will deliver more training, more playing, and more community to its members. We plan to maximize our space to diversify our training offerings, increase opportunities for free play like leagues and pick up, and reinvigorate the unique spirit of this community after a challenging year.

Now in a space we can call our own, we are ready to inspire and lead our club community into the next chapter of Mayhem.

## Mayhem Sponsor Spotlight: Rothman Orthopaedics



We are thrilled to announce Rothman Orthopaedics as our exclusive Orthopaedic partner. With this partnership our athletes and families will gain the care of a team physician and access to the fast scheduler injury intake form. This form will be on our Mayhem Website for exclusive use by Mayhem athletes to help them quickly get on track with their recovery if injury occurs. You will be able to learn more about Rothman Orthopaedics throughout this 2021-2022 club season on our social media pages, at their information corner in the MACafe, and at various events like our Mayhem Club Appreciation Event next Spring!

Interested in helping make the FUTURE, MAYHEM? Contact [Morgan@mainlinefieldhockey.com](mailto:Morgan@mainlinefieldhockey.com) for information on how to become a sponsor or form a strategic partnership.

# A PASSION FOR TWO SPORTS: GET TO KNOW COACH ABBY TEPPER

**Current Position:** Assistant Coach at West Chester University (D2)

**Hometown:** Foxboro, Massachusetts

**College attended:** Salve Regina University

**Sports played & Major:** “I played both Field Hockey & Lacrosse and double majored in Elementary and Special Education.”

## **When did you start coaching?**

“I started coaching lacrosse first, before field hockey, at a club called Outlaws in Massachusetts. I began as a junior in high school and that really inspired my career in coaching. I coached with them through college. I decided right after graduating that I wanted to be a head coach at the collegiate level. Knowing my goal, I immediately became the Head Varsity coach of field hockey and lacrosse at Oliver Ames High School while assisting at Stonehill College under Coach Susan Ciufu, who is now the head coach at Temple University. During this time, I also coached at Roger Williams University as an assistant lacrosse coach where we made it to the conference championship both seasons I was there.”

## **WOW, that's a lot of coaching, how did you manage that?**

“I love both field hockey and lacrosse and did not know which way I wanted to go in coaching so I kept my foot in the door in both sports.

Each season I was coaching with a different program either as an assistant or a head coach. It was definitely a grind, but I managed my time, and knew it would pay off in my career to say yes to every opportunity.”

## **How did you end up in PA?**

“Coach Susan Ciufu had accepted the position at Temple and continued to be a mentor for me. When the assistant position opened at West Chester University, she encouraged me to apply and later I accepted the position in May 2019 and moved down to PA.”

## **What made you decide to coach with MAYHEM?**

“I heard a lot about Mayhem-- that there was an awesome coaching staff and a high level of hockey to coach and recruit. I met with Alex and we instantly clicked. I learned how much Mayhem had grown over just a few years and was excited to get involved, and I am happy I did.”

## **Having such a passion for the sport, Do you ever plan to coach lacrosse again?**

“Lacrosse was the sport I fell in love with first because I started playing in 3rd grade. I would love to continue to coach and develop lacrosse players alongside my field hockey coaching career.”



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# MAYHEM COMPETES IN USAFH CLUB CHAMPIONSHIPS

Throughout the calendar year the governing body of field hockey in the United States, USA Field Hockey hosts national tournaments that attract clubs from across the country for the opportunity to compete for national recognition. During the spring and summer seasons, USAFH hosts the Regional and National Club Championship tournaments in highly-competitive atmospheres as clubs battle for bragging rights and honors. While there is much excitement and hype around both the regional and national championships, these events have only recently been added to the USAFH programming. In 2011 the first NCC took place on a first-come-first-serve basis until the following year when the Regional Tournament was instituted as a qualifier. From the Regional Tournaments across the country only the top 16 teams in each of the U19, U16, and U14 age groups are invited to compete at the National Club Championship.

Pennsylvania's rich field hockey history makes for an excessively fierce Region 5 championship competition. This year Mayhem competed across all three age groups regionally. The U19 RCC squad was led by Coach Hannah Allison and Coach Ainslie Rhoads and finished 5th out of 10 teams, while Coaches Abby Tepper and Emilee Ehret led our U16 team to a 4th place out of 8 teams.

Most notably, our U14 team fought their way to the championship game of the Regional Club Championship, finishing 2nd in Region 5, earning a ticket to the National Club Championship in Virginia Beach. The team's skill, experience, and work hard, play hard attitude helped them reach the semi-finals of the tournament. After a back and forth battle with Freedom HKY, Mayhem took third place at the National Championship. The team made Mayhem history after capturing the bronze medal on the national stage, outranking our 2018 U14 team's 5th place finish. Congratulations to Coach Gretta Ehret and Meghan Scannapieco and the entire U14 Legacy team on a fantastic accomplishment!



*U14 takes third place at the National Club Championship in Virginia Beach*